

# Health Self Assessment

The Health  
Check for  
2009...  
How well are  
we doing?



# What are we checking up on?

## 4 'Top Targets':

- Things to do from the government
- The same services for all
- Safety – learning from the past
- Using Valuing People Now to check we are meeting the targets for health



 HM Government

**Valuing People Now: a new three year strategy for people with learning disabilities**

Making it happen for everyone



Easy Read

# Why are we doing the Health Check?

- To help us check what we do well and what we need to do to get better
- To tell the Strategic Health Authority how we are doing so they can plan for the future



# How you can help...

- A date for the health Check Day
- Get lots of people involved
- Getting Ready meetings



# What happens at the health check day?

- People decide how well we are doing
- We agree the main things to work on this year
- Say 'Well Done' to people doing good things
- Tell the Region's health managers about The Health Check



# Good things that happened since the last Health Check



# Good things that happened in your area



# What's the plan for what happens next?

- Regional Timeline
- Agreeing our next steps locally?

