

# Postural Care Sessions

## Yorkshire and Humber and the North East

### Notes from the day



Inclusion North worked with Postural Care CIC to run 2 sessions in Yorkshire and Humber and the North East.

The day was opened by Sarah Hill from Postural Care CIC who gave a small introduction to Postural Care.

You can find out more information by visiting the postural Care website which is:

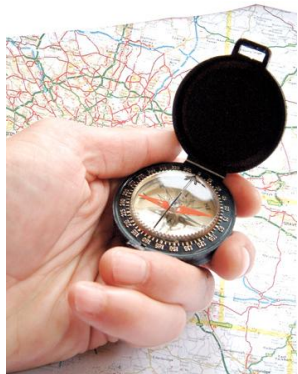


[www.posturalcareskills.com/](http://www.posturalcareskills.com/)

There are also some handouts with these notes.

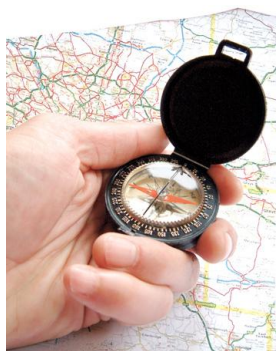
### We then asked the group to tell us where they are now

#### Yorkshire & Humber



- Adopted “I’ve got a life”
- Transitions → 3 Years to get sleep system in place
- Funding → Only if proven (Physical) Health Condition
- No Pathway involved
- No Postural Care Pathway in Housing
- Physiotherapists in teams available when contacted
- All say that posture and night time positioning would benefit individuals they work with
- No mention of night time postural care until today
- Physiotherapy teams have 2 staff members who lead up postural care to implement sleep systems, postural seating, positioning, training, monitoring etc
- Funding and the cost in long term
- Service based and person based outcome measures in place in physiotherapy team.

## North East



- Sunderland have Postural Care
- Newcastle Health Action Plans should be planned in child services
- Has been mentioned in North Tyneside but not been followed up
- Sunderland have these just coming in within last year
- North Tyneside are not aware of these.
- Equipment and Training for Social Enterprise applies to some and not others. Well trained but could be improved.
- North Tyneside say they have funding for wheelchair services loan equipment, GP referrals, no consistency
- Occupational Therapists
- Physiotherapists
- Speech and language
- Individual Health Budget – Middlesbrough and Newcastle are in the process
- Funding for equipment but limited. Goes through Direct payments

Suzanne Carter from Wakefield Council then did a presentation about their experiences in Wakefield.

A copy of the presentation has been sent with these notes.



**We then asked the group to tell us their action plans. Here is what they said.**

## **Yorkshire & Humber**



- Speak to other professionals
- Find out about health budgets
- Speak to commissioners
- Find out more about the kits
- Find out what is available in the area
- Promote postural care to families and carers etc.
- Sign post clients for assessments

## **North East**



- Poster manager for training for all staff team
- Push service to focus more on postural care on a day to day basis
- Take in service training session on postural care and try to raise awareness within team and get people thinking more
- Send out information from today to my team and raise awareness amongst our families where necessary/possible
- No pathway in Newcastle/Teesside for postural care.
- PMLD Pathway
- Postural Care Passports – included in communication passport.
- Funding for a Health Day Centre – funding for equipment is usually ok
- Loan equipment and service – provide equipment to people's homes and funding shortage
- Social Services day services – somehow difficult to agree funding

# Feedback from the Day

Yorkshire & Humber

What was good?



- Very informative and relaxed
- Excellent training session, thought provoking, pro active and excellent venue and great presentations
- Great venue, thanks for lunch and refreshments
- Great day, was left feeling empowered to campaign for equipment and time flew so fast
- Interesting and informative easily accessible
- So friendly, polite and brilliant training. Very knowledgeable, thank you
- Very good presentations and stimulating as well as motivating
- Great workshop, plenty to think about and lots of action plans
- Very practical, useful, great for looking forward despite the barriers. Challenging so thank you
- Great to come to a presentation that was not dry and boring
- Very informative – inspiring to improve service provisions. Good presentation, great location
- Very informative day welcome and friendly delivery
- The course was well presented and I got lots of information
- Very enjoyable and got lots of ideas
- Lots of information that I was not aware of. Enthusiastic team, interesting day and great to have lunch, tea and coffee included

What could have been better?



- Car Parking
- Some of the content became repetitive towards the end.




Anything Else



- Need to tell families what postural care is, No use inviting them to a postural awareness day. An excellent day

# Feedback from the Day

North East

<p>What was good?</p> 	<ul style="list-style-type: none"><li>- Good day and very informative</li><li>- Excellent session. An eye opener</li><li>- Very good session</li><li>- Want to now put this into practice</li><li>- Lots of common sense information</li><li>- Made me want to make sure all people in our case have access to information that they need</li><li>- Amazing course and will help improve all our clients lives</li><li>- Really interesting and got some serious cogs turning. Thank you.</li></ul>
<p>What could have been better?</p> 	
<p>Anything Else</p> 	<ul style="list-style-type: none"><li>- Highlight the importance of involving all people in 24 hour care planning</li><li>- Would like to find out more about individual health budgets</li></ul>