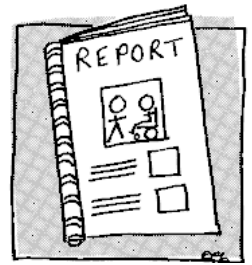




North East Regional Valuing people now annual report for 2009/2010 Easy Read (28.05.10)



Introduction



Local Learning Disability Partnership Boards have put together an annual report for 2009/10

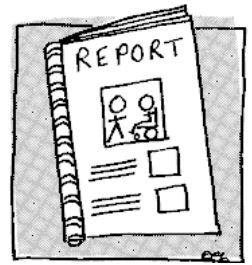
They sent their reports to their regional learning disabilities programme board

The Regional Board has brought together Key information about Valuing People Now big priorities including;


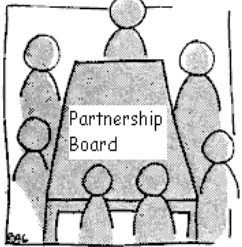
- Health
- Housing
- Employment



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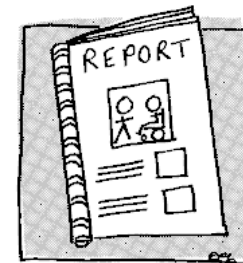


About the Region

	<p>Name of Region: North East</p>
	<p>Number of Partnership Boards: 12</p>



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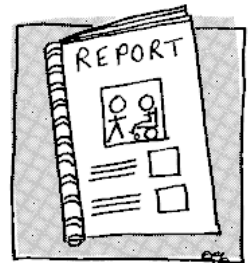
What we have done well?



- 1) Health
We have completed the Health Self Assessment for 2 years. We are planning our Year 3. There has been lots of good work such as new liaison posts and we a new Programme Manager is now working to help us with health improvements.
- 2) Employment
We have said this is something we do well but also something we find difficult. Lots of things have happened such as job coaching, job carving (this means splitting one job into smaller jobs) and easier job application forms.
- 3) Self Advocacy and Leadership
Lots of people are involved in Partnership Boards, we also have People Parliaments, Champions and good advocacy organisation.



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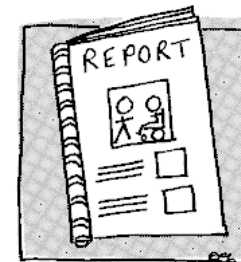
What have we found the most difficult?






- 1) **Employment**
We do not have very many people in the North East who have jobs. We need to get better at this especially in the public sector such as the NHS and councils.
- 2) **Provider Development in Personalisation**
There are some good things happening with providers but there is still not a lot of choice and control.
- 3) **High Support and Complex Needs**
Some councils do not know how many people have high support needs and complex needs in their area. We need to do lots more work.



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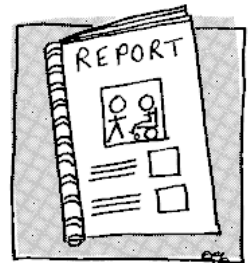


Partnership Boards annual reports

	<p>1) How many local Partnership Boards have sent in an annual report to the regional learning disability board ?</p> <p>12 out of 12 boards have sent in an annual report</p>
	<p>2) How many local partnership board reports did people with learning disabilities sign off?</p> <p>12 out of 12 board reports have been signed off by a person with learning disabilities</p>
	<p>3) How many local partnership board reports did family carers sign off?</p> <p>12 out of 12 board reports have been signed off by family carers</p>



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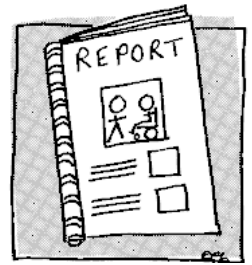
What has been done locally since the 'Six Lives' report which said people were not getting a good service from health and social care?



<p>Six Lives Audit of Health and Social Care Services in Northamptonshire A report by Jessie Longhurst to the Learning Disability Partnership Board - September 2009</p> <p>What the report is about Over the past few years some people have had some bad times when they have needed help from health or social care services. Some of these problems were investigated and a report called the Six Lives Report was published. The Learning Disability Partnership Board asked hospitals to see if the same problems were happening in Northamptonshire. They also wanted to know if people with learning disabilities are getting fair treatment.</p> <p>What Jessie did Jessie read a lot of papers from the 4 Health Trusts and the County Council. She talked to a lot of people who work in health and social care about what they do to make sure people who have a learning disability get a good service. Jessie also talked to a lot of people about their own experiences of being in hospital, going to the GP or having people visit.</p>	<p>4.1 Have local Partnership Boards had a report from health and social care about how they are improving services since the 'Six Lives' report ?</p> <p>11 out of 12 Boards have a report about Six Lives</p>
<p>Hospital</p>	<p>4.2 Has the Regional health service helped check local health services by supporting people to hold Big Health days and use the health self assessment?</p> <p>Yes. We have completed the Health Self Assessment for 2 years. We are planning our Year 3.</p>
	<p>4.3 Have local health services made a report to their Trust board's since the 'Six Lives' report?</p> <p>14 of 15 Health services (NHS Primary Care trusts) have made reports to their boards.</p>



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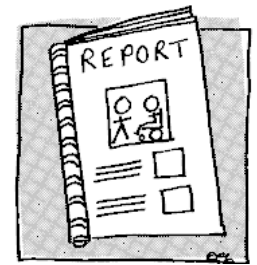
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 <p>Hospital</p>	<p>The big actions taken by health services following these reports are :</p> <p>There are lots of things happening. Some good things are:</p> <ol style="list-style-type: none"> 1) All GPs in the North East have a system for recording patients who have a learning disability. 2) Lots of GPs have taken up the Learning Disability Direct Enhanced Service (sometimes called DES). 3) People with learning disabilities are using Health Action Plans and My Health Records.
 <p>Report</p>	<p>4.4 Have social care made reports to groups in the Councils who do the checks since the 'Six Lives' report?</p> <p>10 out of 12 councils have made these reports</p>



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The Big actions that are to be taken by councils during 2010/11 following these reports are what we said in 4.3.



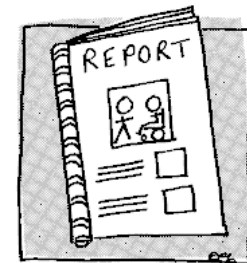
4.5 What are the big changes made in the planning and buying of services for people with learning disabilities?

This is also the same as number 4.3 but some other things are:




- 1) There are changes in the care planning system to make this more person centred.
- 2) Work has been done with Partnership Boards to help them understand and deliver the Direct Enhanced Service (DES).
- 3) There are more Provider Events to help them deliver better services.



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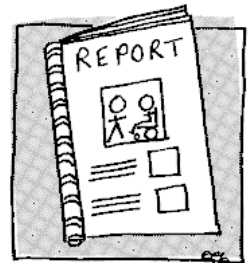





Better Healthcare

<p>Photos</p>	<p>Two of the big bosses for health services in the region are Sir Len Fenwick and Dr Dominic Slowie. The lead for learning disabilities is Judith Thompson</p>
	<p>5. How many people in the region have had an annual health check?</p> <p>1186 out of 7851 people with learning disabilities have had a health check</p> <p>This is 15.11% (or 15 out of every 100) of people who should be offered an annual health check.</p>
 <p>Hospital</p>  <p>Primary Care Trust</p>	<p>6. Is there more support in local health services for people with learning disabilities now than 2 years ago ?</p> <p>General Hospitals ✓ Yes</p> <p>Primary Care ✓ Yes</p> <p>Specialist Health ✓ Yes</p>



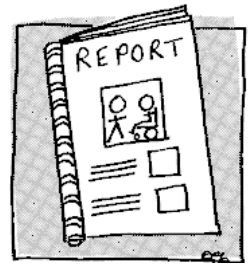
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 	<p>7. How many people were living in health campus homes in March 2010?</p> <p>26 people are living in health campus homes</p> <p>Will health campus homes close by 31st December 2010?</p> <p>✓ Yes</p>
	<p>8. Regional plan to make health services better during 2010 and 2011</p> <p>Big actions that will happen :</p> <ol style="list-style-type: none">1) We will have a programme of work to help improve access to all services.2) We will set up a Confirm and Challenge Group.3) We will develop Health Quality Checkers Team which will include developing standards, information and training with people with learning disabilities.



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Where people live



Who is leading on housing in the region: Paul Davies



9. How much money is spent on care homes? - We are waiting for national information.

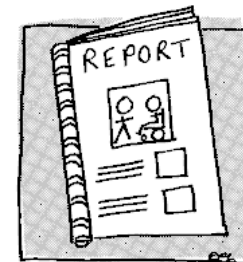
2 out of 12 councils use less than ↓ 20% of all their social care money on care homes.

8 out of 12 councils use less than ↓ 40% of all their social care money on care homes

2 out of 12 councils use more than ↑ 40% of all their social care money on care homes



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10. Changes in Housing

9 out of 12 Partnership Boards said they will be making some changes to organisations who provide support to meet peoples needs



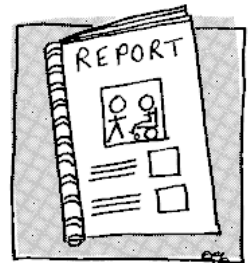
11. Is the region helping local councils to look at their housing and make changes ?

How?

- A North East Housing Questionnaire has been developed with Housing Options and Inclusion North. This will be sent around to all Partnership Boards later in the year.
- 3 Local Authorities in the North East will take part in a Department of Health Care Services Efficiency Delivery programme (CSED). Stockton are already doing this, the other 2 councils will start in the Autumn 2010.
- There will be other events and workshops in the North East for commissioners.



North East Regional Valuing people now annual report for 2009/2010 Easy Read (28.05.10)

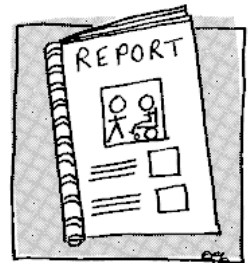


12. How is the region working with housing provider networks (groups) to help them change how they provide housing and support?




- We have set up a Provider Network called North East Third Sector Learning Disability Provider Network (NETS(work)) . We have held a conference and events on how providers need to change. We will have other workshops in the year to look at the good ways things should be done.
- There are other projects happening such as Lives Through Friends Project and the North East Autism Consortium Provider Cultural Change Project



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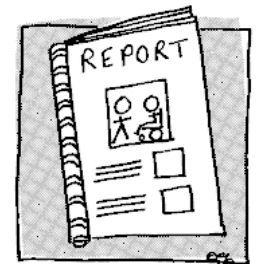


Getting a Job and young people in transition

	Who is leading on employment in the region? Paul Davies
	Who is leading on Transition/Getting a life in the region? Paul Davies
	13. Local Plans for helping people to get a job. 6 out of 12 Partnership Boards have a jobs plan



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Work Place



Council

14. Helping young people to get a job

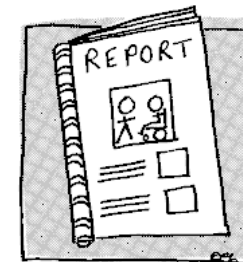
5 out of 12 Partnership Boards help young people by having person centred reviews, which leads to getting a job.

What local good practise is there to support young people in transition to get a job:

- 1) Some councils are job carving and this has helped people get a job. This means that one big job is split into lots of smaller jobs.
- 2) The FORWARDS Employment Support Service in Middlesbrough has helped 53 people get a paid job. They are hoping to extend the service to help more people get a job. The Team have won a Dignity in Care Award.
- 3) North Tyneside is into its 3rd year of 'Getting a Life' Programme. The Programme has supported a number of young people in transition to be supported into further education and employment using Person Centred Approaches.



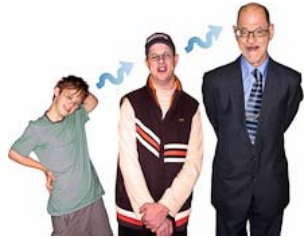
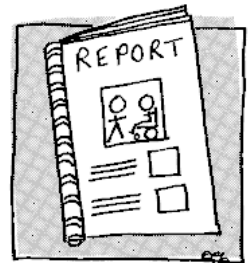
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	<p>4) North Tyneside is a pilot site for Jobs First project. They will help 20 adults with moderate to severe learning disabilities to use their personal budget to pay for support they need to find paid employment. It is hoped that nearly everyone will be working 16 hours or more at the end of the project. The project will last for 12 months and started in April 2010.</p> <p>5) In Newcastle 8 self advocates, called Champions are employed for 3 hours a week.</p>
	<p>15. How has the region helped to support employment in local areas?</p> <ul style="list-style-type: none"> • The Regional Programme Board are writing a plan for employment and has an Employment Sub-group. • We have a PSA 16 (Public Service Agreement) Board and small sub-group who have some money to help with employment projects. • An NHS Jobs Pledge Group is helping people with learning disabilities get a job in the Health Service. • We had a Valuing Employment Event to help share good practice.



North East Regional Valuing people now annual report for 2009/2010 Easy Read (28.05.10)



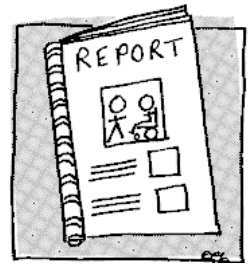
16. How has the region helped support good transition planning for young people in local areas?

✓ Yes

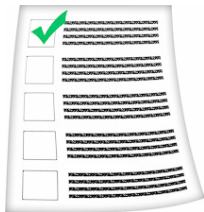
- There are lots of Transition Events happening in the North East over the year.
- We are hoping that the PSA 16 (Public Service Agreement) Fund will help the Getting a Life site in North Tyneside spread what they have learned around the region.



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Person Centred Planning



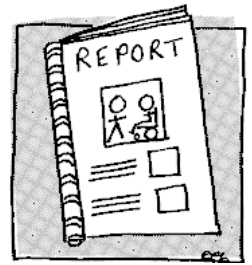
17. 11 out of 12 Partnership Boards have a big plan for person centred planning and checking on whether it is making a difference.

How

- Darlington have a computer system for person centred reviews which tells us the actions.
- Hartlepool are a transformation site. The person centred plans and actions are checked by a quality of life questionnaire.
- Middlesbrough said people's support plans tell us how people want to spend their money of their support and this information is passed on to teams for action.
- A set of standards have been developed by the Tees Integrated Project for people in unsettled accommodation.



North East Regional Valuing people now annual report for 2009/2010 Easy Read (28.05.10)



Improving the workforce (people who are paid to support you)



18. What is happening in the region to support training and development of staff?

The Valuing People Team have a Workforce Development Network for people who have the job of making sure there is good training for staff who support people with learning disabilities. The Network meets between 4 and 6 times a year. Inclusion North organise and support the meetings.

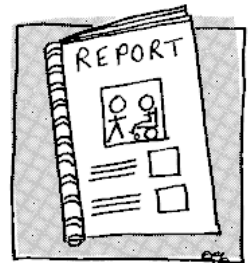
The people who come to the meetings are responsible for Workforce Development or training in organisations or supporting Partnership Boards.

The group have written a plan that says the important work that should happen across the region to make sure people with learning disabilities get good support. This plan is linked to the big workforce development strategy for all adult social care in the North East.


The group also have a plan for the work they will do to help everyone in the North East make the Valuing People Now targets happen.




North East Regional Valuing people now annual report for 2009/20010 Easy Read (28.05.10)



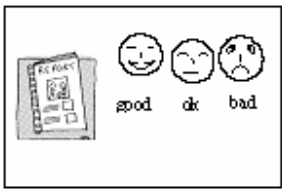
Involvement in Checking Services

	<p>19.</p> <p>12 out of 12 Partnership Boards are including people with learning disabilities and family carers when services are checked for whether they are doing a good job.</p>
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Keeping People Safe

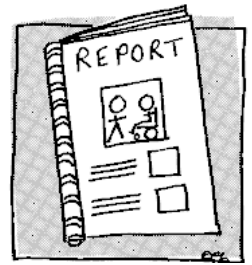
	<p>20.</p> <p>6 out of 12 Partnership Boards get reports from the Adult Board which looks at safety for and of people with learning disabilities</p>
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Partnership Boards and Checking services

	<p>5 out of 12 Partnership Boards are told about local services which are not giving a good service to people with learning disabilities</p>
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Regional Work Programme

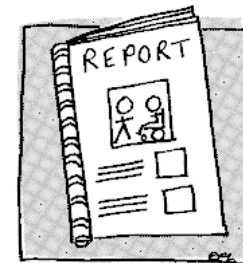


21. The Big areas in the regional work programme for the 2009/2010 have been :

- 1) To have **good Partnership Boards** which make a difference in every local area.
- 2) To make sure that '**personalisation**' works well for people with learning disabilities and is based upon **good Person Centred Planning**.
- 3) To improve the **health** of people with learning disabilities
- 4) To increase **employment** for people with learning disabilities.
- 5) For people with learning disabilities to have choice and control about **where they live** and who they live with.
- 6) **Including everyone** – to make sure that people from Black and Minority Ethnic Communities , people with Autism , people with complex needs , and people who offend are included and benefit from Valuing People Now.
- 7) To support people during the **day, evenings and weekends** to do interesting things which help them to develop personally



North East Regional Valuing people now annual report for 2009/2010 Easy Read (28.05.10)



The big Regional plans for 2010 and 2011 are:



To carry on supporting the 2009/10 regional work programme with an extra plan to do some work on

8) Friends & Relationships

9) Complex Needs

We agreed at the Regional Programme Board what we thought was most important and decided on the two things above.

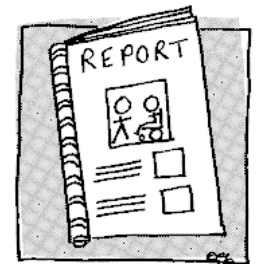
The Regional Programme Board will have a small sub-group on each thing. The groups will help us think about what work we need to do.

We will have a Friends and Relationships conference in the Summer 2010 to look at what works well.

We will work with Friends Action North East (FANE) to look at projects and materials to support people and organisations around developing friendships.



North East Regional Valuing people now annual report for 2009/2010 Easy Read (28.05.10)



Making it happen for everyone:



22. Some good practice examples from local partnership boards about how everyone is being helped by Valuing People Now:

- 1) Including and meeting the needs of people from all backgrounds and people with complex needs

Darlington and Durham have a sub-group of the Health Task group to work on complex and high support needs issues.

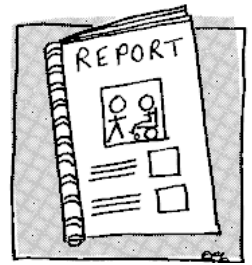
The Life Experience Programme which is a work experience programme in South Tyneside provides a real, meaningful experience of working adult life for students many of whom have very complex needs.

Northumberland Partnership Board have Champions for people with autism, complex needs and people with behaviour which challenges services.

The Valuing People Now Team are working with the Black and Ethnic Minority worker in Middlesbrough to develop a Partnership Board Questionnaire. This will be ready to send out in September 2010.



North East Regional Valuing people now annual report for 2009/2010 Easy Read (28.05.10)



Lots of Partnership Boards and councils have funded Development worker posts. They will find out the number and needs of people with a learning disability from Black and Ethnic Minority communities which will allow services to be developed to meet needs.

2) Family Carers

All Partnership Boards have carers on their Partnership Boards.

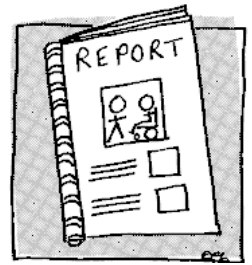
Carers are also on lots of other groups for example complex needs, strategic visioning groups, Carers Sub-groups, Carers Partnership, and Valuing People Family/Carer Network. Carers have also been involved in lots of events, meetings, training and conferences.

Hartlepool have funded lots of family/carer groups and schemes such as direct payments for carers, weekly drop in sessions, support with assessments, carers registration scheme, short breaks, Saturday club, asian ladies carers sewing group. A Project Manager was also funded to look at setting up a Carers Register in all GP practices in Hartlepool.

Middlesbrough have done an Annual Carer's survey. They have also developed a Carer's Outreach Service and are developing a Carer's



North East Regional Valuing people now annual report for 2009/2010 Easy Read (28.05.10)



Brochure, Newsletter and website.

Newcastle and South Tyneside have Carer Development Workers.
Gateshead are funding a Carers Advocate post.

North Tyneside launched a new emergency break service for carers in 2009 and is available to all carers in the borough. To date over 100 carers have registered for the service. A Carers Guide and a Carer Assessment leaflet have also been produced.

North Tyneside Council recognise carers as experts.

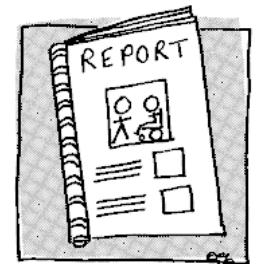
Carers in Northumberland are fully involved in the Northumberland Carers Plan. Targets in the plan have been set by carers which have led to improvements in access to information and carers services.

Carers Together provide an outreach service across Redcar & Cleveland. There are now 2055 carers registered with the service.

Sunderland Partnership Board used funding to support the Older Family Carer Project, employing a development worker based at Sunderland Carers Centre and a Task Group chaired by a family carer. The Task Group has been powerful in raising issues such as emergency, future



North East Regional Valuing people now annual report for 2009/2010 Easy Read (28.05.10)



planning, carers assessments and health care.

There is a Regional Valuing People Family/Carer Network which is a forum for family carers of people with learning disabilities. It deals with local and national issues and feeds back into the National Network.

3) People who are victims of hate crime

All Partnership Boards said they had links and involvement with Crime and Disorder Reduction Partnerships, Community Safety Teams, Police Crime and Prevention Officers and the Crown Prosecution Service.

Many Partnership Boards have held Hate Crime Awareness Events and Training including College's, schools, police and transport.

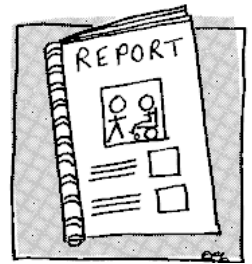
Middlesbrough did an audit of bullying for people with learning disabilities in 2008/09, the questionnaire was developed in partnership with service users.

DVDs have been produced in Newcastle and South Tyneside.

ARCH in Newcastle have a system to make sure that people with learning disabilities that experience hate crime have the confidence to report hate



North East Regional Valuing people now annual report for 2009/2010 Easy Read (28.05.10)



crime, that they get a response which meets their needs, that action is taken against the person who is doing the crime and that all agencies involved are doing the same thing.

Sunderland People First worked closely with police to better tackle hate crime which included trying the Home Office Hate Crime reporting packs for people with learning disabilities. Sunderland People First run “Protect Yourself and Others” training courses for those with disabilities. Course information has been sent out to people in Sunderland, around the region and nationally.

4) Better transport for everyone

The Buddy Scheme in Gateshead works really well with about 100 people with a learning disability having had training to travel independently.

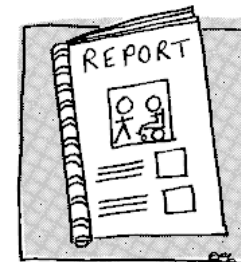
Newcastle Community Links Team has worked well with Nexus to train volunteers for its Buddying Scheme.

Middlesbrough held a transport event involving local bus companies which led to the introduction of Bridge Card, Bus Buddy training, Independent travel training, road safety training and increased disability awareness training for bus drivers.





North East Regional Valuing people now annual report for 2009/2010 Easy Read (28.05.10)



5) People with learning disabilities who are parents

Middlesbrough Mum's is a self help group for 25 parents with learning disabilities. They have provided training to Childrens and Families Service and Joint Health and Social Care students at Teesside University.

The Newcastle Partnership Board and Childrens Trust are about to do a review together of what work is needed for parents with a learning disability.

Durham said that better ways in commissioning services means that the support for parents with learning disabilities is better.

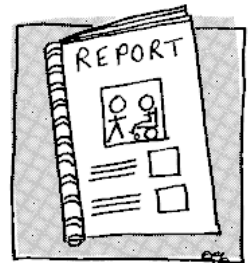
6) People with learning disabilities who get in trouble with the police.

Lots of presentations and links with police, probation, prison service and health services led to the setting up a regional conference in March. This was a free event for people that work in or are connected to the Criminal Justice System & Learning Disability Health & Social Care settings. It was organised by the North East Offender Health Team in North Government Office.





North East Regional Valuing people now annual report for 2009/2010 Easy Read (28.05.10)



The day was about looking at the policies and research on people with learning disabilities in the Criminal Justice System, help people with different experiences to work together, share learning, things available and support.

Some of the next steps for working together regionally included: making regional information the same, leaflets, website, newsletter, hold focus groups and awareness sessions, sharing good practice, joined up working and training, sharing good practice on supporting prisoners with different cultural needs and languages, more events and workshops, working with victims with learning disabilities and additional advocacy workers.

As part of the Tees Integrated Commissioning Project, a plan has been put together to support people who have been in trouble with the police being discharged from hospital.

North Tyneside have paid for an experienced organisation to help train local organisations.



Regional report put together by: Paul Davies - photo Date : 28 May 2010