

Inclusion North Members Day

7th October 2010

The Folk Hall - York

Notes from the Day

This day was for all our members to come together and share good ideas and also discuss ways of working together in the future.

More than 90 people came from 23 Learning Disability Partnership Boards across Yorkshire & Humber and the North East. Here are some pictures from the day.



The Co Chairs, Ruth Hicks and Fiona Walker, welcomed everyone to the Members Day.

Gary and Sam then talked about all the changes that are happening now or we will know will happen soon.

Some examples of changes are:

- There has been a new government
- There has been lots of new ideas and policies introduced

Some people are worried about what will happen next:

- Will there be enough money for what we think is important?
- Will Partnership Boards still be here?
- Will Valuing People carry on?

We know the government thinks the ideas in Valuing People Now are good ideas.

The government thinks the good ideas should carry on and local people should have more say and control.

Sam shared her ideas for how we keep going. A couple of examples are:

- Keep making sure our voice is heard
- Working together

Gary talked about what we can do to keep going some examples are:

- Motivation and self determination and self belief
- Assertiveness to get things done
- Think about the bright side

Both these presentations are on the Inclusion North website useful documents section by visiting our useful documents section on our website which is:

<http://www.inclusionnorth.org/useful-documents/>



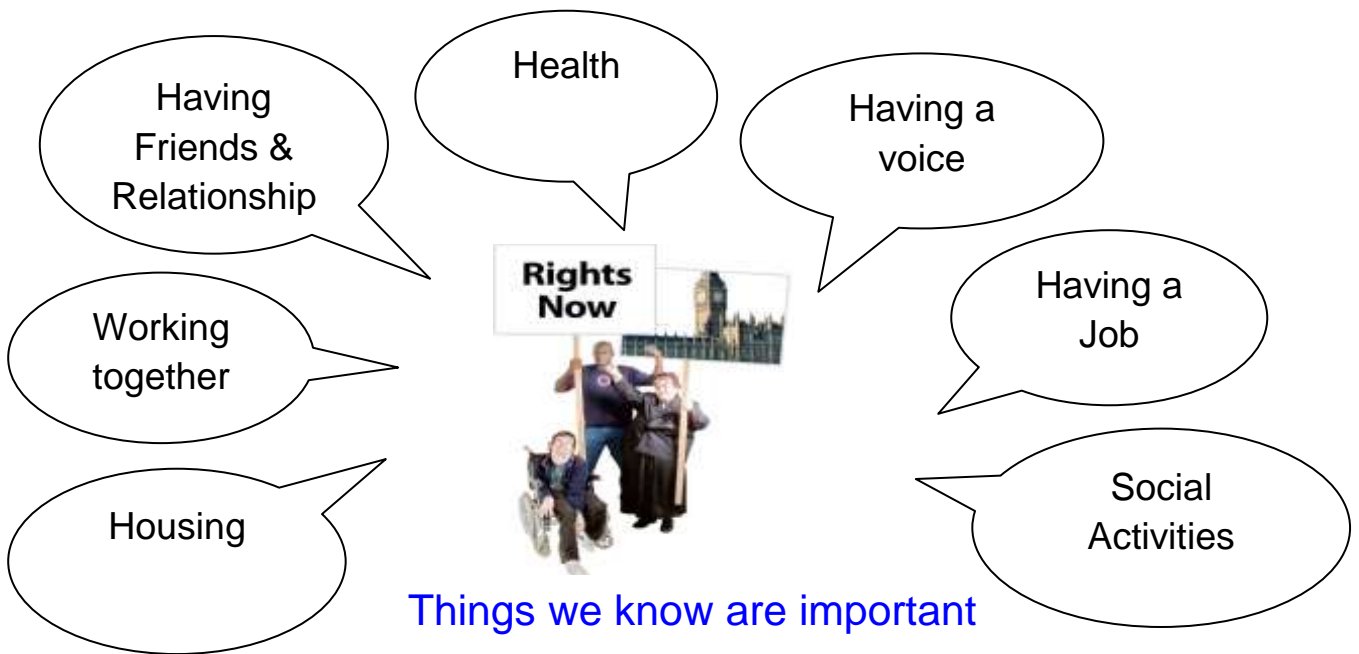
Each area then worked together to come up with ideas of how they can keep the important work going

We asked each area to think about:

- ✓ The things we know are important
- ✓ Who are those things important to
- ✓ What great people, groups and things in the community can we do to build on
- ✓ What are the opportunities for us to build on
- ✓ What are the Next Steps



Here are some examples of what was said:





Make Sure
People know
their Rights

Make better
links with
GP's

Just do it!
No Barriers

Make an
Action plan
with
Deadlines

Share
Information

Make leaflets
about the work
Self Advocacy
groups have
done

Stay
Strong

Invite decision
makers to
meetings

Let people
hear our
voice

Get together
and meet up

Work
together

Partnership
Board planning
and delivering



Next Steps

At the last Members day in 2008 everyone told us the important work we should be doing.

The big targets were

- Having Control over your money and support
- Stopping Hate Crime
- Health
- Getting a Job
- Housing
- Getting a Life
- Transport
- Rights and Choices
- Working better



This year each area worked in teams and to tell us what work they have done with Inclusion North and how this has helped make things better



Here are some examples of what was said you have done to make improvements in your area:

Having Control over your Money & Support



“Did a day on personalisation for carers so they understand Personalisation better”

“Training on personal budgets that meant the staff felt less unsure about them”

“Helped us with Person Centred Planning so everyone can get a plan”

Stopping Hate Crime



“Session on Hate Crime has influenced the development of Self Advocacy work”

“Used the Hate Crime pack at our conference so people understand Hate Crime more”

“Helped us to earn money & train others”

Health



“Helped us develop training for doctors”

“Helped our sub group to follow the national programme of using the self assessment”

Getting a Job



“Delivered Train the Trainers training that has helped people find work as trainers”

“Valued in Public learning events helped us change systems”

“Support with our “Getting Ready” meetings and helping people have their say”

Housing



“Helped us develop new housing choices for people”

“Housing Guidance helped us to see the gaps in information so we can write a plan”

“Help with drafting the Learning Disability Housing strategy”

Getting a Life



“Dave Hingsburger event was inspiring. I came away very enthusiastic and put energy into our training. Made me remember why I do what I do”

“Going to the More Than Words event gave us more ideas about working with people with more profound learning disabilities”

Transport



“Working in the transport group with Yorkshire & Humber to help make transport better”

“Lots of good work happening with Transport”

Rights & Choices



“Scott helped Voices for People through the troubled times – Helped with Self Advocacy groups”

“Helped us to make the most of our partnership board co-chair and rep training which gave me confidence”

“Improved Self Advocacy”

“Helped our Advocacy group to think about becoming a CIC, charity or something else”

“Lives Unlimited Started from and by graduates of partners in policy making”

“The Dave Hingsburger Event helped change the way we think about relationships and people having ‘labels’ ”

“The Self Advocate who attended the Partners in Policy Making course is confident about travelling to meetings in different places and having the skills to cope. Puts you on a level footing. Family carers also found it useful for confidence building”

Working Better Together



“Training courses have motivated new ways of working”

“Helped our partnership board away day think about the future”

“Reps and Co Chairs gave me more confidence”

“Helped us change how our Partnership Board works”

The Compost bin

We asked you to help us think of ways to make Inclusion North work better as an organisation. Here are some of the things you told us:

Include times for events

Longer notice for when training courses are beginning

More information about accessibility for events

Tell people the outcomes of events and why they can make a difference

Not have too many events at the same time



More information on the Skills Bank

More local training for local issues

Keep going as a company

How can we improve the way that Inclusion North works?

Make the Skills Bank easier to use and get results from

More information about vouchers and the other things Inclusion North provides

Keep up the good work

You also told us in the compost bin the important things that you think need more work:

Training on social enterprises

More help on housing and connecting to the community once you have got a new home

Support to get real relationships

Paid jobs



Help to keep VPN going & help PBs have influence

Have training by Safety Net

What do you think is important for Inclusion North to do more work on?

Better support for parents with a learning disability





Help with making personal budgets happen

Training on involving people and making decisions together – really sharing power

We asked you to think about the future and how we can help you in your area. Here are some of the things you said:

Thinking about the future

What are the important things that you want to keep going in your area? How can we support this?

 <p>Rights Now</p> <p>A photograph showing three people holding a sign that features a picture of Big Ben. One person is in a wheelchair, another is standing, and a third is partially visible.</p>	<p>Leadership courses like Partners in Policy Making and Tomorrows Leaders</p> <p>Support for local advocacy groups and carers forums and help them get their voices heard by the government and people who make decisions</p> <p>Support to involve self advocates well and help them to take a lead</p>
 <p>A photograph of two women sitting at a desk with a computer monitor, looking at the screen together.</p>	<p>Support work with general housing and supported housing</p> <p>Support with transport, employment, healthcare and short breaks</p> <p>Support to look at 'Mate Crime'</p> <p>Carry on supporting Partnership Boards with big plans and work to make a difference - help them to keep their ethos</p>
 <p>A blue circular icon with a white lowercase letter 'i' inside, representing information.</p>	<p>Keep telling you about important things that are happening and sharing information</p>
 <p>A photograph of two people, a man in an orange shirt and a woman in a white lab coat, standing next to a whiteboard.</p>	<p>Carry on sharing good ways of working with people with more profound disabilities</p>



What Local work have Inclusion North done in other areas that you could make use of?



You gave us lots of ideas on the day. We will get in touch with everyone about their idea.

Here is some of the work you asked us to share



- Becoming a social enterprise



- Big Society work



- Training for doctors, midwives and other medical staff



- Skills Bank



- Training and supporting self advocates

Lots of people said that they would like help and support from other areas who have lots of experience in making things happen. We will be in touch with everyone soon to arrange this.

We then asked you to tell us what the regional and national priorities are that you want us to support.

Here are some of the things you said:



- ✓ Working together across the region on making transport better
- ✓ More Tomorrows Leaders training
- ✓ Support in training GPs and healthcare staff, and in making good links with GPs for the future
- ✓ Big Society – help to get involved and understand about the big changes and issues
- ✓ Support with finding out the views of people with high support needs and making sure their voices are heard
- ✓ Support with personalisation and personal budgets
- ✓ Keeping Valuing People Now a priority
- ✓ Support with work on hate crime, employment, relationships and sexual health
- ✓ Support with work in rural areas

What next?



We will

1. Make sure we include all your ideas in our work plan for next year
2. Make sure we think of ways to take the problems out of the compost bin by making how we work better
3. Get in touch with your area about the work you have asked us to do

Thank you all for all your hard work, thoughts and ideas. We will keep in touch but remember you can get in touch with us on

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20th October 2010

