



The Yorkshire & Humber Big Health Event 2010

A Celebration of better Health Services
in Yorkshire & Humber

Wednesday 24th November @ the
Mega Centre in Sheffield

Summary of the Day





More than 120 people came to the Big Health Day representing 14 different Learning Disability Partnership Boards to share good practice and showcase the good work they have been doing in their area.

At the event we had 14 different areas plus Carers Direct and See Ability displaying the good work they had done for the good practice guidance.



The Day was opened by Rob Webster chief executive for the NHS in Calderdale and the chair of the Learning Disability Health Programme.

Rob did a presentation on the Regional Health Programme 3 years on.

Here are the slides from Robs presentation:



Our regional health programme... Three Years On!!!

Rob Webster
Chair - Learning Disability Health Programme Board

Death by Indifference – March 2007



“...we believe that the real underlying cause of Mark’s death...is the widespread ignorance and indifference throughout our healthcare services towards people with a learning disability and their families and carers....We say this is a national disgrace.”

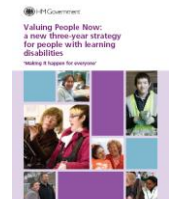
Yorkshire and Humber – the pilot site for the first health self assessment

- Local people checking on progress every year
- Seeing what good work is being done
- Agreeing together what needs to be better



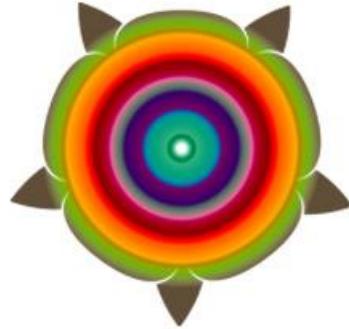
People have said “Well Done”!!

- National papers talk about the work people did here first
- It has helped all Regions in England check how they’re doing



Healthy Ambitions for people with learning disabilities

- Learning Disabilities is now part of the region's overall health programme – Healthy Ambitions
- Lots of self advocates and carers will now have a say about all health services



Three years on...how are things better?

- More - and better - information about people's health
- Lots more people are joining in
- More people have had annual health checks, and have Health Plans



Three years on...more things that are better...

- Lots of people have had training
- Hospitals are better at helping people
- People know more about the law – and how it keeps patients safe



Yorkshire & Humber

Good Practice and Innovation Guide

2010

A Guide about how people are working together in new ways, to improve the health of people with learning disabilities



Challenges for next year

- Central role and responsibility of GP.
- People in Transition.
- Assessing and understanding health needs.
- Work with Acute Trusts.



Challenges for next year

- Keeping people safe
- Older people who have a learning disability
- Developing specialist services
- Increased involvement of people and carers.



Rob then handed over to Scott Watkin and Anne Williams, the National Directors for Learning Disabilities, who talked about Health as a National Priority.

Here are the slides from their presentation

BIG HEALTH DAY

**Yorkshire and Humber Region
Wednesday 24th November 2010**

Anne Williams Scott Watkin
National Directors for Learning Disabilities
Department of Health

Valuing People Now



Better Health

- ❖ We know that people with learning disabilities do not always get the same healthcare as other people
- ❖ Some people have died because they did not get the right healthcare.

This must not happen again

The NHS has to make sure:



- ❖ it gives everyone gets good healthcare
- ❖ it includes people with learning disabilities in all its healthcare plans
- ❖ gives people good specialist healthcare when needed
- ❖ it offers people with learning disabilities annual health checks

Important Reports



| | |
|---------------------------|------|
| Death by Indifference | 2007 |
| Healthcare for All | 2008 |
| Six Lives | 2009 |
| Six Lives Progress Report | 2010 |

“Six Lives”



- ❖ ‘Six Lives’ looked at the services given to 6 people with learning disabilities who died.
- ❖ It was written by the Health Service Ombudsman and the Local Government

“Six Lives”



It said that some organisations :

- ❖ did not understand the laws about human rights and disability discrimination.
- ❖ needed to make big changes to the way they see people with learning disabilities and the way they work

“Six Lives”



- ❖ It said the Department of Health should help make these changes and check they were happening.

“Six Lives” Progress report

We asked different people what they thought:



- ❖ People who work in and manage the Health Service
- ❖ Learning Disability Partnership Boards
- ❖ People with learning disabilities and their families
- ❖ Organisations who provide support to people with learning disabilities
- ❖ Charities like Mencap

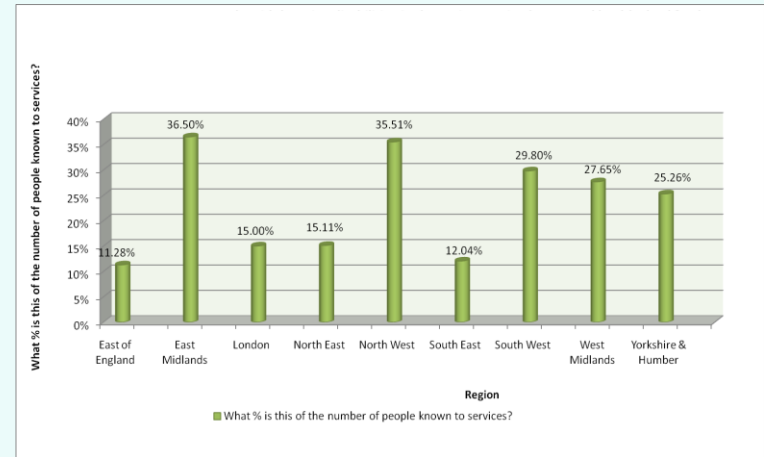
What providers said:



- ❖ 100% who responded to the survey reported that more work is needed to improve healthcare for people with learning disabilities
- ❖ 60% reported improvements in overall healthcare in the last eighteen months
- ❖ 53% reported improvements in primary care
- ❖ 40% reported improvements in acute care

Annual Health Checks

Who's had a health check?



What people and families said:

The most important things:



- ❖ Training
- ❖ Annual health checks
- ❖ Capacity and consent
- ❖ Advocacy
- ❖ Complaints

"Six Lives" Progress report



Big Messages:

- ❖ Lots of work has been done
- ❖ Progress has been made
- ❖ There are still serious problems
- ❖ Good work is not happening everywhere for everyone

“Six Lives” Progress Report

Things that people told us are helping make a difference are:



- ❖ Leadership
- ❖ Annual health checks
- ❖ Involving people and families
- ❖ Acute liaison nurses and health facilitators
- ❖ “Reasonable adjustments”
- ❖ Using information about numbers

“Six Lives” Progress Report

There were also things that people were worried about, like:



- ❖ Following the law about capacity and consent and making decisions
- ❖ Understanding of all people who work in the health service about learning disability, how to communicate and how to make ‘reasonable adjustments’
- ❖ Complaints and advocacy

Everyone needs to keep working!

We need to make sure...



- ❖ we do not lose the progress we have made
- ❖ people keep thinking about learning disabilities as things change
- ❖ people with learning disabilities and families have their voices heard



We then showed a DVD on the Six Lives Report.

Inclusion North are talking with Hull PCT to see if we can get copies of this DVD

If you would like a copy then please send an e-mail to info@inclusionnorth.org.



Heather Raistrick from the Strategic Health Authority (SHA) talked about how the Health Self Assessment will happen for this year.

A copy of the time line is attached with these notes.

There is a non – easy read version of the time line which can be found on the Inclusion North Website by clicking on the following link:

www.inclusionnorth.org/useful-documents





Next, Jenny Anderton from the Valuing People Team on the Regional Partnership Board reports on Improving outcomes for People with Learning Disabilities

Here are the Slides from Jenny's presentation:

Regional Progress reports on improving outcomes for People with Learning Disabilities



Jenny Anderton



Introduction



- Yorkshire and Humber Regional Programme Board have put together a report, bringing together information from Local Partnership Board annual reports for 2009/10
- The data we have is for 2008/09
- This report will only give a brief summary on priority areas
 - Housing
 - Employment
 - Health





Partnership Board Annual Reports

- 15 out of 15 boards have sent in an annual report
- 14 out of 15 reports were signed off by people with learning disabilities
- 13 out of 15 reports were signed off by family carers



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Partnership Board Annual Reports- sign off

Reasons for not signing off the report included:

- Not enough time
- Too complicated to understand
- Family carers only able to speak for themselves not all local families

We need to get better at this for 2011. and make sure people and families are included better.

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What were the big successes in 2009/10

- Health performance and Self assessment framework shows an improvement in health over the last three years.
- We are making progress on improving job and housing opportunities for people with a learning disability in the region.
- We are proud of the leadership from people with learning disabilities and families especially around the Health and performance self assessment framework.

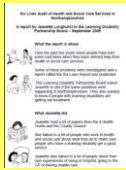
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What big challenges were identified ?

- Date collection, especially around children and young people in education and transition.
- Developing the workforce .
- Developing the market to make the move from residential and nursing care.
- Continue to improve health for people with a learning disability.

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Response to the Six Lives' Report

- 15 out of 15 PCT and Local Authorities reported progress on Six lives to their boards.
- Yorkshire and Humber have been nationally recognised in the Department of Health response to Six lives, as an area of good practise. Well done to you all! Be very proud.



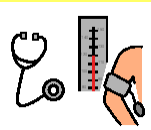
Six Lives' Report and wider work on health

Health Self Assessment Process:

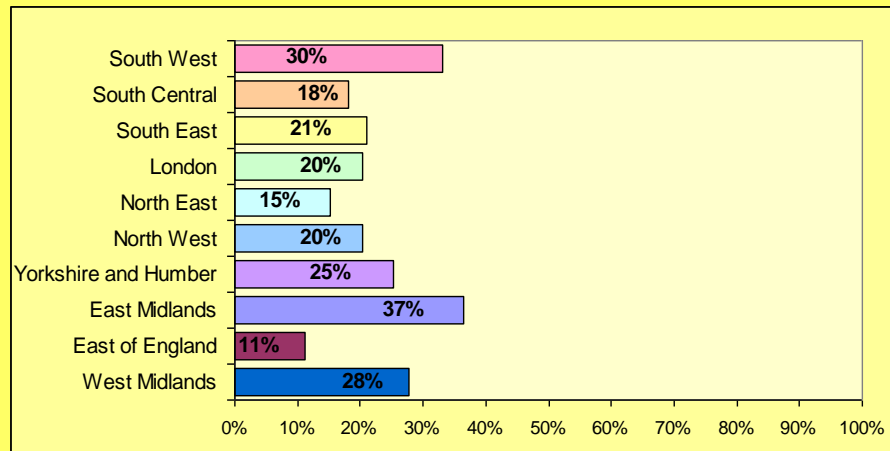
We are here today celebrating year four of the process and we know that we are getting better



- The performance and self assessment framework is a success in Yorkshire and Humber because the partnership boards take responsibility for making it happen
- It is important that we continue so that the new commissioning people know what services are needed in the future. Today you will hear about the process for 2011.



% of People known to local authorities with a health check (NHS Data 2008/09)



NEXT STEPS



- Partnership boards to continue to take forward the Performance and self assessment framework.
- To get better at involving people and families in all of the partnership boards work.
- To continue to improve the lives of people with a learning disability, especially around health, housing and employment.
- Give yourselves a loud clap and pat on the back for what you have achieved. It has been a real pleasure to work with you all.



Sam Clark from Inclusion North then asked each area to get into their local groups and think about how they can work together in the future to keep making health services better.

Here are some examples of the pledges people made to keep this good work going:

“Making Partnership board a driving force”

“Set a target around the number of people who have a health passport and its uses – Have self advocacy groups to look at Health Passports”

“Healthy Ambitions Work”

“DVD developed to be made available to all professionals”

“Engage GP Commissioners and show them why it matters”

“Learning disability friendly awards for general practitioners”

“More GP involvement with the Learning Disability Partnership Board GP champions for People with Learning Disabilities”

“Maximise opportunities for engagement around self assessment”

“Head of trustees at SHSC to connect to the peoples parliament”

“Letting people know about all the good things that are ongoing”

“Support each other and keep working on involvement with families and people with Learning Disabilities – Keep measuring outcomes





Over lunch, people had another chance to network and have a look at all the stalls, of good things happening in the region.

After lunch there were 3 workshops. People could go to at least 2 of the 3 workshop.

The workshops were:



North East Lincolnshire: Making Care Pathways person centred and inclusive in North East Lincolnshire



Calderdale: Working together and making the plans work for you – pulling it all into 1 plan



Inclusion North & Valuing People: What are the good ways of involving people and making health better



Presentation

The presentations for the North East Lincolnshire and Calderdale have been sent with these notes.

At the Inclusion North and Valuing People session we asked you to think about the big themes that are working and not working.

Below are some examples of what you said:

Working - The Big Ideas for What Works



- Good accessible information made by self advocates that helps people understand the issues
- Films, DVDs, and drama that help people work out the issues
- Working together in a group to talk about the issues
- Having a strong health group that works together to change things
- People and families delivering training or being involved in recruitment
- Good training for self advocates on health issues like Diabetes or healthy eating
- Having big meetings or events to get lots of people involved or share information
- Having good sports or activities sessions that encourage people to join in

Not Working - what we have found doesn't involve people



- Not having good accessible information
- Staff not understanding what is important to people or reasonable adjustments
- Mainstream staff or Doctors not turning up to training – need to find another way
- Questionnaires as the only way of finding out what we think
- Not enough good information on Sexual health, drugs (legal & illegal)

These big themes will be talked about at the Improving Deciding Together workshop which will be on 7th January in York.

You can find out more about this workshop by contacting Inclusion North



Sally Ferguson from Speak Up in Rotherham told us about a report she has been doing on training for GP's.

For more details on this then please contact sally@speakup.org.uk.

Jenny Anderton thanked everyone for coming.

The below table shows feedback from the big health day:

What was good



- Interesting Day
- Fantastic Venue
- Good venue even for people from distance
- Very informative speakers – I learned a lot
- Great networks
- Current up to date information
- Great food
- The day inspired me
- Good to share innovative practice
- Fantastic networking opportunity
- Good to meet up with people
- Very well organised – Interesting and enjoyed it all
- The good practice and innovation guide
- Easy to get to the venue
- Presentations were excellent
- Good chance to participate
- The workshops gave me a lot of information

What was good

- It has been a very good group from the PCT team and a big thank you to all the staff at the mega centre
- Excellent participation and turn out from the regions
- Very well organised the staff at the venue were extremely helpful

What could have been better



- Stalls not sufficiently utilised – not enough room to share and see what other areas are doing
- Venue a bit cold
- Needed 3 rooms for the different workshops as it was very noisy and hard to hear
- Some of the presentations were a bit fast and there was a lot of jargon used
- Some of the content in the presentation ere repetitions of each other
- Lighting in area with the boards was very poor
- Acoustics not good for hearing impaired
- Workshops need to be more organised next time.
- Disappointed to see that it wasn't mandatory that partnership board chairs/co-chairs were at this event
- DVD should have been read out (text and music) as many here can't read
- Less fatty food and more healthy options

Anything Else



- We should move around the region to have this event
- Really important to keep the pressure on
- Where there enough Partnership Boards being represented
- People who attended with stalls may not be involved in the broader strategic work talked about by the speakers. Although interesting, less relevant to these people and harder to understand
- Could the 6 Lives DVD have audio a lot of writing on each slide and moved on too quickly