

# An Evaluation of the Annual Health Check for People with Learning Disabilities in the Yorkshire and the Humber Region



## Easy Read



Speakup Self Advocacy and Sheffield Hallam University were asked by the Healthy Ambitions Programme Board to look at what had happened with the Annual Health Check for people with learning disabilities in the Yorkshire and Humber Region.



This work happened in 2 stages between July and November 2010.



**Stage 1:** Speakup worked with 11 PCTs from across the Yorkshire and Humber Region to map out what had happened with the Annual Health Check for people with learning disabilities.



We looked at:

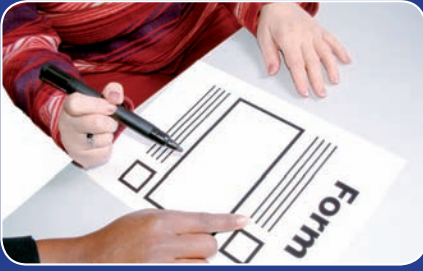
- How many GPs, nurses, practice managers and receptionists were trained to offer this service.



- Who they were trained by.



- How many people with learning disabilities in each area could have an Annual Health Check and how many people with learning disabilities had been given one.



**Stage 2:** A questionnaire was sent out to GP practices in the 11 areas which offered people with learning disabilities an Annual Health Check to ask them:

- What they remembered from the training.
- What changes they had made to their services to make them better for people with learning disabilities.
- How well the health checks were working and if there were any problems.

11 PCTs sent us information for stage 1 and 130 GPs, Nurses, Receptionists and Practice Managers filled in the questionnaire for stage 2.

## We found out:

- That across the 11 areas half of the people with learning disabilities who could have a Annual Health Check have been given one.



- Most GPs, Nurses, Receptionists and Practice Managers had been trained by people with learning disabilities.

- GPs, Nurses, Receptionists and Practice Managers needed to know more about the Disability Equality Duty and how to make reasonable adjustments (this means making sure the services they offer are accessible in lots of ways to disabled people).

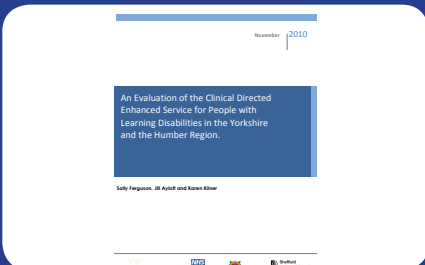
- GPs and Nurses think that the Annual Health Check for people with learning disabilities is a good idea.

- GPs and Nurses had been given lots of support to carry out the Annual Health Checks.

- GPs and Nurses need more help and support to be able to carry out health checks with people with complex needs.

## What should happen next:

- More work needs to be done to look at how the Annual Health Checks are working within the Yorkshire and Humber Region.



- PCTs need to get better at making sure GP surgeries know about and have training on the Disability Discrimination Act and the Equalities Act 2010.

- GP surgeries need to have good access to accessible information.

- More work needs to be done to look at the barriers to carrying out the Annual Health Checks and how GPs and Nurses can be better supported to carry out health checks with people with complex needs.

If you would like a copy of the full version of this report please visit:



[www.friendlyresources.org.uk](http://www.friendlyresources.org.uk) and click on the health section.



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